

UNITED WAY COMMUNITY SCHOOL BEST PRACTICES FOR PHYSICAL HEALTH



United Way of the Greater Lehigh Valley

Supports community and student health and best practices that align with the six conditions of the Community School model.

Provides technical assistance to support the implementation of approved best practices, grant writing and resource development, and research and evaluation.

Framework: Connecticut State Department of Education: Guidelines for Coordinated Approach to School Health: Addressing Physical, Social and Emotional Health Needs of the Community

The Connecticut State Department of Education guidelines are intended to assist local and regional boards of education with developing plans to:

- Engage students in physical activities.
- Formulate strategies to coordinate health education programs and services.
- Establish procedures for assessing the need for related community-based services.

This information is designed to help local communities strengthen practices, activities and curriculum that promote the health of students and reduce the negative impact of health problems on academic performance.

For more information, please visit www.sde.ct.gov/sde/LIB/sde/PDF/deps/student/Guidelines_CSH.pdf.

Strategy: Asthma-Friendly School Campaign, NYC

This campaign is dedicated to improving asthma prevention and treatment efforts and boosting achievement in high-need communities, absenteeism and school engagement. The primary goal is to heighten awareness about asthma in NYC schools and help students reduce asthma symptoms and unnecessary school absences. This strengthens the partnership between school leadership, school health teams, and community-based organizations to manage student asthma and seeks to:

- Increase awareness within schools and shelters about how to control asthma for students.
- Educate families about available school resources to manage their child's asthma.

- Work with families and community physicians to improve medical care.
- Increase the number of students receiving medically-appropriate medications in school.

For more information, please visit www.nyc.gov/html/truancy/html/tfi/asthma.shtml.

Strategy: Pilot Evaluation of the Asthma-Friendly Schools Initiative – Texas Department of State Health Services

The pilot evaluation of the Asthma-Friendly Schools Initiative lays the groundwork for more rigorous evaluations in future projects. The Texas Asthma Control Program (TACP) funds several interventions across Texas. Their goals include:

- Ensuring that resources are used effectively and efficiently.
- Demonstrating the value of the program.
- Extending knowledge on best practices to improve asthma outcomes and prevent asthma.
- Building evaluation capacity in order to strengthen outcome assessment.

For more information, please copy this link into your browser: <https://www.dshs.state.tx.us/WorkArea/linkit.aspx?LinkIdentifier=id&ItemID=8589984859>.

Strategy: Vision, Dental and Mobile Medical Vans

Lehigh Valley Health Network and St. Lukes University Health Network, in partnership with United Way Community Schools, provide on-site health services: vision, dental, mobile medical vans, pediatric clinic and Telehealth services for all students.

Strategy: H.E.A.R.T.S. Clinic

One Saturday per month the Broughal Family Center runs a free health and wellness clinic in partnership with St. Luke's University Health Network and Temple Medical School. This free clinic is for uninsured residents of South Bethlehem and Fountain Hill.

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Greater Lehigh Valley

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