our future is nourished.

Making nutritious food accessible to everyone

Read Charlie and Kennedy’s story at UnitedWayGLV.org
In 2018, through United Way-funded programs:

- **41,000 people** received food from a pantry
- **5,314 pounds** of fresh fruits and vegetables were distributed to nutrition education participants
- **2,600 seniors** received home-delivered meals

**Working together toward a common goal:**

_The Lehigh Valley Food Policy Council_ seeks to reduce food insecurity, increase access to fresh food and support local farming in the Lehigh Valley through:

- Summer meal programs – The Food Policy Council added 30 new sites across the Lehigh Valley in 2018 and served almost 100,000 meals.
- Reducing food waste – Volunteers recovered and sent 21,175 pounds of food to pantries and meal centers through Second Harvest Food Bank.
- Client Choice Pantries – United Way invests in client choice pantries, which offer fresh, nutrient-dense food options and allow people to choose which produce they take home to their families.

**#TRACKTO22**

In 2018-19, United Way increased investments in:

- Nutrition education opportunities for children
- Affordable, healthy food at corner stores, mobile markets and farmers markets
- Food access for college students