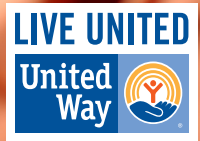


United Way of the Greater Lehigh Valley

when life happens,  
**help is available.**

PENNSYLVANIA   
**2-1-1**™  
East — Powered by United Way



# DIAL 2-1-1

GET CONNECTED. GET HELP.

2-1-1 is a toll-free hotline connecting the community to health and human services.

Free, confidential information  
and referral available 24/7:

Phone: 2-1-1 or 855-501-6785

Web: [www.pa211east.org](http://www.pa211east.org)

Email: [211@uwlanc.org](mailto:211@uwlanc.org)



Aging Services  
Child & Youth Services  
Counseling  
Education/Training  
Food/Shelter/Clothing

Health Services  
Parenting  
Substance Abuse  
Support Groups  
Volunteer Opportunities

and much more!